

**May 2021 Lunch Menu**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Monday | Tuesday | Wednesday | Thursday | Friday |
| **3 SunButter & Jelly**  **Sandwich**  SunButter 1 oz, Jelly Packet, WG Bread 2 grain  **Fruit Yogurt ½ cup**  **Baby Carrots ½ cup**  **Fresh Celery ¼ cup**  **Ranch Dressing** | **4 Buffalo Chicken**  Chicken 2 oz, 1 grain, Buffalo Sauce  **Black Bean & Corn Salad ¾ cup**  **Fresh Orange ½ cup**  **Ranch Dressing** | **5**  **NO SCHOOL**  **Roast Beef Sub**  Roast Beef 1 oz, Mozzarella Cheese 1 oz, WG Bun 1 grain  **Sunset Sip Juice ½ cup**  **Fresh Apple ½ cup**  **Mayo** | **6 Diced Chicken**  **Salad**  Chicken 2 oz, Romaine 1 cup  **Grape Tomatoes ¼ cup**  **Tortilla Chips 1 oz**  **Ranch Dressing** | **7 Cheese Sandwich**  American Cheese 1 oz  Swiss Cheese 2 slices  WG Bread 1 grain  **Cucumber Slices ½ cup**  **Fresh Jicama ¼ cup** |
| **10 Turkey Ham &**  **Swiss Sandwich**  Turkey 1 oz, Swiss 2 slices, WG Bread 1 grain  **Baby Carrots ½ cup**  **Grape Juice ½ cup**  **Mayo, Mustard** | **11 Flatbread Cheese**  **Pizza**  Flatbread 1 grain, Mozzarella Cheese 2 oz, Pizza Sauce Cup ½ cup  **Fresh Apple ½ cup** | **12 Chicken Wrap**  Chicken 2 oz, Cheddar Cheese 1 oz  **Black Bean & Corn Salad ¾ cup**  **Fresh Orange ½ cup**  **Ranch Dressing** | **13 Yogurt & Granola**  **Fruit Yogurt ½ cup**  **String Cheese 1 oz**  **Granola** 1 oz  **Fresh Celery ¼ cup**  **Dragon Punch Juice ½ cup** | **14 Popcorn Chicken**  **Salad**  Chicken 2 oz, Spinach Salad  **Fresh Tangerine**  **Ranch Dressing** |  |
| **17 Bagel Day**  Bagel 2 grain, Cream Cheese  **Fruit Yogurt ½ cup**  **String Cheese 1 oz**  **Fresh Jicama ¼ cup**  **Sunset Sip Juice ½ cup** | **18 Turkey Ham &**  **Swiss Sandwich**  Turkey 1 oz, Swiss 2 slices, WG Bread 1 grain  **Baby Carrots ½ cup**  **Dragon Punch Juice ½ cup**  **Mustard** | **19 Chicken Filet**  **Sandwich**  Chicken Filet 2 oz, WG Bun 2 grain  **Romaine Lettuce 1 cup**  **Sliced Tomatoes ¼ cup**  **Mayo** | **20 Chef Salad**  Turkey bologna 1.5 oz, cheddar cheese 2 oz, Sliced tomatoes ¼ cup, Spinach Salad 1 cup  **Tortilla Chips 1 grain**  **Ranch Dressing** | **21 Cold Cheese Pizza**  Cheese 2 oz, 2 oz grain  **Black Bean & Corn Salad ¾ cup** |  | |
| **24 Buffalo Chicken**  Chicken 2 oz, 1 grain, Buffalo Sauce  **Fresh Jicama ¼ cup**  **Fresh Orange ½ cup**  **Ranch Dressing** | **25 Roast Beef Sub**  Roast Beef 1 oz, Mozzarella Cheese 1 oz, WG Bun 1 grain  **Fresh Celery ¼ cup**  **Diced Peaches Cup ½ cup**  **Mayo** | **26 Egg Chef Salad**  Hard Boiled Egg 2 oz Romaine Salad 1 cup  **Grape Tomatoes ¼ cup**  **WG Bread Stick 1 grain**  **Ranch Dressing** | **27 SunButter & Jelly**  **Sandwich**  SunButter 1 oz, Jelly Packet, WG Bread 2 grain  **Fruit Yogurt ½ cup**  **Baby Carrots ¼ cup**  **Sunset Sip Juice ½ cup** | **28 Chicken Fajitas**  Chicken Strips 2 oz, Cheddar Cheese 1 oz  **6” Flour Tortillas 1 grain**  **Fresh Broccoli ½ cup**  **Grape Tomatoes ¼ cup**  **Ranch Dressing** |
| **31** |  |  |  |  |