

**May 2021 Lunch Menu**

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|  Monday |  Tuesday |  Wednesday |  Thursday | Friday |
| **3 SunButter & Jelly** **Sandwich**SunButter 1 oz, Jelly Packet, WG Bread 2 grain**Fruit Yogurt ½ cup****Baby Carrots ½ cup****Fresh Celery ¼ cup****Ranch Dressing** | **4 Buffalo Chicken**Chicken 2 oz, 1 grain, Buffalo Sauce**Black Bean & Corn Salad ¾ cup****Fresh Orange ½ cup****Ranch Dressing**  | **5**  **NO SCHOOL****Roast Beef Sub**Roast Beef 1 oz, Mozzarella Cheese 1 oz, WG Bun 1 grain**Sunset Sip Juice ½ cup****Fresh Apple ½ cup****Mayo**  | **6 Diced Chicken** **Salad**Chicken 2 oz, Romaine 1 cup**Grape Tomatoes ¼ cup****Tortilla Chips 1 oz****Ranch Dressing** |  **7 Cheese Sandwich**American Cheese 1 ozSwiss Cheese 2 slicesWG Bread 1 grain**Cucumber Slices ½ cup****Fresh Jicama ¼ cup** |
| **10 Turkey Ham &**  **Swiss Sandwich**Turkey 1 oz, Swiss 2 slices, WG Bread 1 grain**Baby Carrots ½ cup****Grape Juice ½ cup****Mayo, Mustard** | **11 Flatbread Cheese** **Pizza**Flatbread 1 grain, Mozzarella Cheese 2 oz, Pizza Sauce Cup ½ cup**Fresh Apple ½ cup** | **12 Chicken Wrap**Chicken 2 oz, Cheddar Cheese 1 oz**Black Bean & Corn Salad ¾ cup****Fresh Orange ½ cup****Ranch Dressing** | **13 Yogurt & Granola****Fruit Yogurt ½ cup****String Cheese 1 oz****Granola** 1 oz**Fresh Celery ¼ cup****Dragon Punch Juice ½ cup** | **14 Popcorn Chicken**  **Salad** Chicken 2 oz, Spinach Salad**Fresh Tangerine****Ranch Dressing** |  |
| **17 Bagel Day** Bagel 2 grain, Cream Cheese**Fruit Yogurt ½ cup****String Cheese 1 oz****Fresh Jicama ¼ cup****Sunset Sip Juice ½ cup** | **18 Turkey Ham &**  **Swiss Sandwich**Turkey 1 oz, Swiss 2 slices, WG Bread 1 grain**Baby Carrots ½ cup****Dragon Punch Juice ½ cup****Mustard** | **19 Chicken Filet**  **Sandwich**Chicken Filet 2 oz, WG Bun 2 grain**Romaine Lettuce 1 cup****Sliced Tomatoes ¼ cup** **Mayo** | **20 Chef Salad**Turkey bologna 1.5 oz, cheddar cheese 2 oz, Sliced tomatoes ¼ cup, Spinach Salad 1 cup**Tortilla Chips 1 grain****Ranch Dressing** | **21 Cold Cheese Pizza**Cheese 2 oz, 2 oz grain**Black Bean & Corn Salad ¾ cup** |  |
| **24 Buffalo Chicken**Chicken 2 oz, 1 grain, Buffalo Sauce**Fresh Jicama ¼ cup****Fresh Orange ½ cup****Ranch Dressing** | **25 Roast Beef Sub**Roast Beef 1 oz, Mozzarella Cheese 1 oz, WG Bun 1 grain**Fresh Celery ¼ cup****Diced Peaches Cup ½ cup****Mayo** | **26 Egg Chef Salad**Hard Boiled Egg 2 oz Romaine Salad 1 cup**Grape Tomatoes ¼ cup****WG Bread Stick 1 grain****Ranch Dressing** | **27 SunButter & Jelly**  **Sandwich**SunButter 1 oz, Jelly Packet, WG Bread 2 grain**Fruit Yogurt ½ cup****Baby Carrots ¼ cup****Sunset Sip Juice ½ cup**  | **28 Chicken Fajitas**Chicken Strips 2 oz, Cheddar Cheese 1 oz**6” Flour Tortillas 1 grain****Fresh Broccoli ½ cup****Grape Tomatoes ¼ cup****Ranch Dressing** |
| **31**  |  |  |  |  |