Menu Pennoyer K-8 Lunch

Monday Tuesday Wednesday Thursday Friday

Mar 1

FISH - Tuna Casserole
Wowbutter & Jelly
Sandwich
Turkey Cheddar Sandwich
Green Beans
Banana
1% Milk
Chocolate Milk
Skim Milk
Ketchup

Mar 4

Orange Chicken & Rice
Wowbutter & Jelly
Sandwich
Turkey Cheddar Sandwich
Ranch Dressing
Apple
Snap Peas
1% Milk
Chocolate Milk
Skim Milk

Mar 5

Barbacoa Totchos
Tortilla Chips
Wowbutter & Jelly
Sandwich
Turkey Cheddar Sandwich
Red Pepper Strips
Clementine
Ranch Dressing
1% Milk
Chocolate Milk
Skim Milk

Mar 6

Turkey-Sausage Pizza
Wowbutter & Jelly
Sandwich
Turkey Cheddar Sandwich
Italian White Bean Salad
Banana
1% Milk
Chocolate Milk
Skim Milk

Mar 7

Lemon Pepper Drumstick
Hot Honey
Sister Schubert's Roll
Wowbutter & Jelly
Sandwich
Turkey Cheddar Sandwich
Seasoned Diced Potatoes
Fruit Punch Juice
Ketchup

Mar 8

Buffalo Pollock Dippers
Dinner Roll
Wowbutter & Jelly
Sandwich
Turkey Cheddar Sandwich
Hot Broccoli
Pear
1% Milk
Chocolate Milk
Skim Milk
Ranch Dressing

Mar 11

French Bread Cheese Pizza
Turkey Cheddar Sandwich
Wowbutter & Jelly
Sandwich
Baby Carrots
Sauce, Marinara, PC - OKI
Apple
Ranch Dressing
1% Milk
Chocolate Milk
Skim Milk

Mar 12

Hamburger
Ketchup
Mustard Packet
Wowbutter & Jelly
Sandwich
Turkey Cheddar Sandwich
Pickles
Clementine
1% Milk
Chocolate Milk
Skim Milk

Mar 13

Chicken Taco Kit
Tortilla
Wowbutter & Jelly
Sandwich
Turkey Cheddar Sandwich
Banana
Seasoned Black Beans
1% Milk
Chocolate Milk
Skim Milk
Taco Sauce

Mar 14

Chicken & Waffles
Wowbutter & Jelly
Sandwich
Turkey Cheddar Sandwich
Mixed Greens Salad
Fruit Punch Juice
Ranch Dressing
1% Milk
Chocolate Milk
Skim Milk

Mar 15

Wowbutter & Jelly
Sandwich
Turkey Cheddar Sandwich
Pear
Mustard Packet
1% Milk
Chocolate Milk
Skim Milk

Mar 18

Penne Meatball Marinara
Wowbutter & Jelly
Sandwich
Turkey Cheddar Sandwich
Hot Broccoli
Apple
1% Milk
Chocolate Milk
Skim Milk

Mar 19

Mini Turkey Corn Dogs
Ketchup
Mustard Packet
Wowbutter & Jelly
Sandwich
Turkey Cheddar Sandwich
Clementine
Sweet Potato Fries
1% Milk
Chocolate Milk
Skim Milk

Mar 20

Turkey-Sausage Pizza
Wowbutter & Jelly
Sandwich
Turkey Cheddar Sandwich
Lemon Chickpea Salad
Banana
1% Milk
Chocolate Milk
Skim Milk

Mar 21

Chicken Nuggets
Savory Herb Crackers
Ketchup
Wowbutter & Jelly
Sandwich
Turkey Cheddar Sandwich
Corn
Fruit Punch Juice
1% Milk
Chocolate Milk
Skim Milk

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Mar 22

Wowbutter & Jelly
Sandwich
Turkey Cheddar Sandwich
Roasted Peppers & Onions
Pear
1% Milk
Chocolate Milk
Skim Milk



NOTICE: The data contained within this report and the Mosaic Back of the Housefi Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

* All Grain/Bread items served are Whole Grain Rich.

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