

Menu
Pennoyer K-8 Lunch

Monday

Jan 1

Jan 8

Butter Curry Chicken
Brown Rice
Wowbutter & Jelly
Sandwich
Turkey Cheddar Sandwich
Red Pepper Strips
Peach Applesauce
Ranch Dressing
1% Milk
Chocolate Milk
Skim Milk

Jan 15

Jan 22

Cheeseburger Meatloaf
Texas Toast
Wowbutter & Jelly
Sandwich
Turkey Cheddar Sandwich
Red Pepper Strips
Peach Applesauce
Ketchup
Ranch Dressing
1% Milk
Chocolate Milk
Skim Milk

Tuesday

Jan 2

Jan 9

Chicken & Cheese Nachos
Tortilla Chips
Wowbutter & Jelly
Sandwich
Turkey Cheddar Sandwich
Corn Jalapeno Blend
Orange Juice
1% Milk
Chocolate Milk
Skim Milk

Jan 16

Jan 23

Orange Chicken & Rice
Wowbutter & Jelly
Sandwich
Turkey Cheddar Sandwich
Edamame
Orange Juice
1% Milk
Skim Milk
Chocolate Milk

Wednesday

Jan 3

Jan 10

Breaded Ravioli
Wowbutter & Jelly
Sandwich
Turkey Cheddar Sandwich
Hot Broccoli
Pear
Ranch Dressing
1% Milk
Chocolate Milk
Skim Milk

Jan 17

Jan 24

Barbacoa Totchos
Tortilla Chips
Wowbutter & Jelly
Sandwich
Turkey Cheddar Sandwich
Tater Tots
Pear
Ketchup
Taco Sauce
1% Milk
Chocolate Milk
Skim Milk

Thursday

Jan 4

Jan 11

Philly Cheesesteak
Hoagie Roll
Wowbutter & Jelly
Sandwich
Turkey Cheddar Sandwich
Roasted Peppers & Onions
Applesauce Cup
Ranch Dressing
1% Milk
Chocolate Milk
Skim Milk

Jan 18

Jan 25

Alfredo Tortellini
Wowbutter & Jelly
Sandwich
Turkey Cheddar Sandwich
Hot Broccoli
Applesauce Cup
Ranch Dressing
1% Milk
Chocolate Milk
Skim Milk

Friday

Jan 5

Jan 12

Turkey-Sausage Pizza
Wowbutter & Jelly
Sandwich
Turkey Cheddar Sandwich
Lemon Chickpea Salad
Banana
Ranch Dressing
1% Milk
Chocolate Milk
Skim Milk

Jan 19

Jan 26

BBQ Popcorn Chicken
Savory Herb Crackers
Wowbutter & Jelly
Sandwich
Turkey Cheddar Sandwich
Carrots & Celery
Banana
Ranch Dressing
Ketchup
1% Milk
Chocolate Milk
Skim Milk

Jan 29

Beef Walking Taco
Fritos
Wowbutter & Jelly
Sandwich
Turkey Cheddar Sandwich
Corn Jalapeno Blend
Peach Applesauce
Taco Sauce
1% Milk
Chocolate Milk
Skim Milk

Jan 30

Turkey & Cheese Croissant
Wowbutter & Jelly
Sandwich
Turkey Cheddar Sandwich
Baby Carrots
Orange Juice
Ranch Dressing
1% Milk
Chocolate Milk
Skim Milk

Jan 31

Turkey-Sausage Pizza
Wowbutter & Jelly
Sandwich
Turkey Cheddar Sandwich
Hot Broccoli
Pear
Ranch Dressing
1% Milk
Chocolate Milk
Skim Milk

NOTICE: The data contained within this report and the Mosaic Back of the Housefi Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

*** *All Grain/Bread items served are Whole Grain Rich.***

In accordance with Federal law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), age, disability, and reprisal or retaliation for prior civil rights activity.